

Instructional Gymnastics

Age 10 and up

Beginner A 1st grade- age 10

Mon 5:15-6:10 Aly
Tues 5:15-6:10 Kelley
Wed 6:00-6:55 Paige
Thurs 6:15-7:10 Mak E
Sat 11:45-12:40 Aly

Beginner B 1st grade-10

Mon 4:20-5:15 Aly
Mon 7:00-7:55 Paige
Tues 4:20-5:15 Kelley
Tues 5:30-6:25 Aly + Jamie
Tues 7:00-7:55 Tasha
Wed 4:30-5:25 Paige
Wed 7:00-7:55 Renee
Thurs 4:20-5:15 Renee
Thurs 6:30-7:25 Kelley
Thurs 7:25-8:20 Kelley
Sat 10:45-11:40 Aly

Novice

1st grade age-10

Mon 4:20-5:15 Paige
Mon 6:15-7:10 Kelley
Tues 4:30-5:25 Aly
Tues 5:30-6:25 Aly+Jamie
Wed 4:30-5:25 Renee
Wed 6:30-7:25 Aly
Thurs 4:20-5:15 Renee
Thurs 6:30-7:25 Kelley
Sat 10:45-11:40 Aly

Begin and Novice

Tues 6:25-7:20 Jamie

Intermediate

Tues 4:35-5:30 Jamie

Transitional/Advanced

Tues 7:20-8:35 J+K
Wed 4:45-6:00 J+K

Int A

1st grade- up

Mon 4:20-5:15 Paige
Mon 6:15-7:10 Kelley
Tues 4:35-5:30 Jamie
(age 10 and up)
Tues 4:30-5:25 Aly
Wed 4:30-5:25 Renee
Wed 6:30-7:25 Aly
Thurs 6:45-7:40 Karla
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Int B

age 7 - up

Mon 5:15-6:10 Paige
Tues 7:00-7:55 Kelley
Wed 7:25-8:25 Aly
Thurs 6:45-7:40 Karla

Transitional and Advanced age 7 - up

Mon 7:15-8:30 Kelley
Tues 7:20-8:35 Jamie+Karla
Wed 4:45-6:00 Jamie+Karla